



# PRODUCT SPECIFICATION SHEET

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## Crunchy Combo 150g- SPR13R

The powerful taste combination of Mung, Lentil and Adzuki feature in this delicious mix. More than a mere garnish, Flowerdale Farm's Crunchy Combo does, as the name suggests, crunch in its raw form. Although it can be cooked, the flavours are bolder and more tantalising in its fresh state.

**Flavour:** Fresh crunchy, nutty, pea-like, earthy and rich.

**Uses:** Use where a hint of sweetness and fresh crunch will add another sensory dimension to a dish. Adds substance to salads and wraps, compliments meat dishes and soups.

**Appearance:** A combination of green mung beans, red / orange lentils and red / brown adzuki beans all sprouted with a short white tail.

**Storage:** To maintain freshness, store Flowerdale Farm Crunchy Combo between 1-4 degrees C. Crunchy Combo sprouts should be consumed within 15 days of packing. Rinse lightly under cold clean water before use.

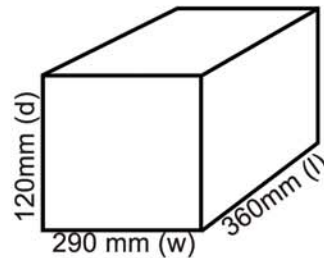
**Health Benefits:** This fresh sprout blend is an excellent source of fibre, protein, iron and folate. It also contains manganese, phosphorus, potassium and vitamin B and C.

**Product Sizes:** 150g (Box of 12 x 150g available wholesale)

**Availability:** Flowerdale Farm's Crunchy Combo mix is cultivated in hydroponic conditions and is available year round.



### Box Dimensions:



### Palliation & Transport:

Unit weight net: 150g

Units per outer: 12

Boxes per layer: 12

Layers per pallet: 18

Box gross weight: 2.2kg

Box dimensions: 290mm (w) x 360mm (l) x 120mm (d)

Unit dimensions: 95mm(w) x 177mm(l) x 60mm(d)

### Pallet Configuration: 12 boxes per layer
