



# PRODUCT SPECIFICATION SHEET

Open from 2:00am - 7:30am EST  
Phone: +0061 3 9687 2522  
Fax: +0061 3 9687 2520  
Email: [orders@flowerdalefarm.com.au](mailto:orders@flowerdalefarm.com.au)

## Bean Shoots 1kg - SHO02F

Also known as Bean Sprouts, this popular item is characterised by a fresh burst of natural juice collected in the fleshy stems. Flowerdale Farm Bean Shoots are available in a wide range of sizes to suit your small or large scale needs.

**Flavour:** A strongly noted bean character which mellows into a soft, juicy freshness.

**Uses:** Use as a clustered topping to sandwiches or a flavour source for lightly dressed dishes. Reliable and dependable as a staple in stir fries, noodle and rice dishes.

**Appearance:** Fresh white, firm stems with small yellow sprout leaves.

**Storage:** To maintain freshness, store Flowerdale Farm Bean Shoots between 1-4 degrees C. Shoots should be consumed within 9 days of packing. Rinse lightly under cold clean water before use.

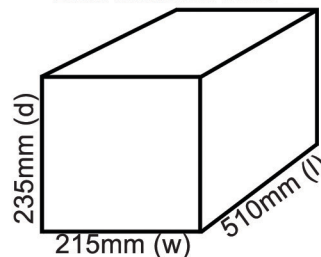
**Health Benefits:** Bean Shoots are high in vitamins A, B, C, D, E and K. They also contain folic acid and are an excellent source of iron, potassium, calcium, phosphorous, magnesium and zinc.

**Product Sizes:** 1kg bag

**Availability:** Flowerdale Farm's Bean Shoots are cultivated in hydroponic conditions and are available year round.



**Box Dimensions:**



### Palliation & Transport:

Unit weight net: 1kg

Units per outer: 6

Boxes per layer: 12

Layers per pallet: 9

Box gross weight: 6.6kg

Box dimensions: 510mm (l) x 215mm (w) x 235mm (d)

Unit dimensions: 270mm (l) x 185mm (w) x 120mm (d)

**Pallet Configuration:  
12 boxes per layer**




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## Bean Shoots 250g - SHO01R

Also known as Bean Sprouts, this popular item is characterised by a fresh burst of natural juice collected in the fleshy stems. Flowerdale Farm Bean Shoots are available in a wide range of sizes to suit your small or large scale needs.

**Flavour:** A strongly noted bean character which mellows into a soft, juicy freshness.

**Uses:** Use as a clustered topping to sandwiches or a flavour source for lightly dressed dishes. Reliable and dependable as a staple in stir fries, noodle and rice dishes.

**Appearance:** Fresh white, firm stems with small yellow sprout leaves.

**Storage:** To maintain freshness, store Flowerdale Farm Bean Shoots between 1-4 degrees C. Shoots should be consumed within 9 days of packing. Rinse lightly under cold clean water before use.

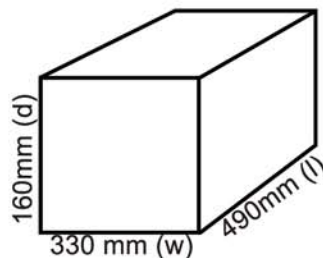
**Health Benefits:** Bean Shoots are high in vitamins A, B, C, D, E and K. They also contain folic acid and are an excellent source of iron, potassium, calcium, phosphorous, magnesium and zinc.

**Product Sizes:** 250g bag (Pre-packed box of 15 x250g available wholesale)

**Availability:** Flowerdale Farm's Bean Shoots are cultivated in hydroponic conditions and are available year round.



### Box Dimensions:



### Palliation & Transport:

Unit weight net: 250g

Units per outer: 15

Boxes per layer: 8

Layers per pallet: 14

Box gross weight: 5kg

Box dimensions: 330mm (w) x 490mm (l) x 160mm (d)

Unit dimensions: 175mm (w) x 245mm (l) x 50mm (d)

### Pallet Configuration:

8 boxes per layer, 180mm x 180mm gap

